*At Mum and Me Time we value mothering. We hope it is a place where you feel supported in your important role as a mother!*

*Contacts: Tuesday Co-Ordinator – Jill Coutts 0402 255 442*

 *Steph Pym 0401 800 327*

 *Wednesday Co-Ordinator – Louise Maxwell 0427 259 641*

*Goonellabah Wednesday Co-ordinator – Amy Obee 0408 313 147*

Regular Morning Program\*:

10.00 Arrive, craft time and free play

10.40 Morning tea for kids together

11.00 Singing and story time

11.25 Pack Up

11.30 Home Time

*\* Changes within the 10am-11.30am timeslot may occur to suit specific days/events*

Information:

Cost: No Cost

Kids Morning Tea: Each week we ask guardians to bring along a piece of fruit per child (pre-cut where possible) and we make fruit platters for the kids to share.

Sun Protection: Most weeks, where possible, we will be outside so you may like to bring a hat and sunscreen (sunscreen is also available in foyer).

Water Play: Any week during term 1 & 4 where the wet permits, we will have water play. You may like to ensure you have spare clothes.

Morning tea Roster: Involves bringing something for the mums to enjoy & 1L milk. If you are interested in being a part of the roster, please see a co-ordinator.

Craft: Each week a parent prepares a craft around the terms theme. If you are on craft and have any questions please speak to the co-ordinator.

Mentors: We are fortunate to have mentors within our playgroup. These older women are a part of Southern Cross Presbyterian Church and they volunteer their time to assist us practically, emotionally and spiritually during the morning.

Facebook: Our playgroups (both days) have a Facebook group. It is used for reminders, sharing of our things and advice. Please see a co-ordinator if you wish to join the group.

Please note:

Women Only: To help provide a safe and comfortable environment for the women who come, no men are allowed.

Under school age children only: Please do not bring school aged children

Kitchen: For safety reasons, we ask that children are not permitted in the kitchen

Facebook: Our Facebook page is not to be used to sell or promote product